

Lecture 18

11

Selection rules

We need to evaluate $\langle \psi_b | F | \psi_a \rangle$

Assume ψ_0 for H atom

$$\langle n' l' m' | \bar{r} | n l m \rangle$$

Selection rules on m

$$[L_z, x] = i\hbar y \quad [L_z, y] = -i\hbar x \quad [L_z, z] = 0$$

$$\begin{aligned} \langle n' l' m' | [L_z, z] | n l m \rangle &= \langle n' l' m' | L_z z - z L_z | n l m \rangle = \\ &= \langle n' l' m' | [m' \hbar z - z m \hbar] | n l m \rangle = \\ &= (m' - m) \hbar \langle n' l' m' | z | n l m \rangle = 0 \end{aligned}$$

\Downarrow

$$m' = m \quad \text{or} \quad \langle n' l' m' | z | n l m \rangle = 0$$

[i.e. if there is a transition $m' = m$]

$$\begin{aligned} \text{U)} \quad \langle n' l' m' | [L_z, x] | n l m \rangle &= \langle n' l' m' | (L_z x - x L_z) | n l m \rangle = \\ &= (m' - m) \hbar \langle n' l' m' | x | n l m \rangle = i\hbar \langle n' l' m' | y | n l m \rangle \end{aligned}$$

$$(2) \quad \langle u' l' m' | [L_z, y] | u l m \rangle = (m' - m) \hbar \langle u' l' m' | y | u l m \rangle = \boxed{2}$$

$$= i \hbar \langle u' l' m' | x | u l m \rangle$$

Combining (1) and (2)

$$(m' - m)^2 \langle u' l' m' | x | u l m \rangle = i (m' - m) \langle u' l' m' | y | u l m \rangle =$$

$$= \langle u' l' m' | x | u l m \rangle$$

$$(m' - m)^2 = 1 \quad \text{or} \quad \langle u' l' m' | x | u l m \rangle = \langle u' l' m' | y | u l m \rangle = 0$$

$m' - m = \Delta m = \pm 1, 0$ if not no transitions

[spin of photon = 1 $\Sigma_z = \pm 1, 0$]

selection rule for l

$$[L^2, [L^2, \vec{r}]] = 2\hbar^2 (\vec{r} L^2 + L^2 \vec{r})$$

$$\langle u' l' m' | [L^2, [L^2, \vec{r}]] | u l m \rangle =$$

$$= 2\hbar^2 \langle u' l' m' | (\vec{r} L^2 + L^2 \vec{r}) | u l m \rangle =$$

$$= 2\hbar^4 [l(l+1) + l'(l'+1)] \langle u' l' m' | \vec{r} | u l m \rangle =$$

$$= \langle l' m' | (L^2 [L^2, \vec{r}] - [L^2, \vec{r}] L^2) | l m \rangle =$$

$$= \hbar^2 [l'(l'+1) - l(l+1)] \langle l' m' | [L^2, \vec{r}] | l m \rangle =$$

$$= \hbar^2 [l'(l'+1) - l(l+1)] \langle l' m' | (L^2 \vec{r} - \vec{r} L^2) | l m \rangle =$$

$$= \hbar^4 [l'(l'+1) - l(l+1)]^2 \langle l' m' | \vec{r} | l m \rangle$$

$$2 [l(l+1) + l'(l'+1)] = [l(l+1) - l'(l'+1)]^2$$

or $\langle l' m' | \vec{r} | l m \rangle = 0$

$$[(l'+l+1)^2 - 1] [(l'-l)^2 - 1] = 0$$

$$(l' - l) = \Delta l = \pm 1$$

[if $l' - l = 0 \Rightarrow \langle l' m' | \vec{r} | l m \rangle = 0$

photon has spin 1 \Rightarrow conservation of angular momentum

$$l' = l + 1; \quad \underbrace{l' = l, \quad l' = l - 1}_{\text{not allowed in dipole transitions}}$$